

## JUNIOR TENNIS

SPRING 2008

April 28-June 21 (8 Weeks)

### ACES

(Ages 4-6)

Eight Weeks: \$96 One Week:\$16

Level: Beginner

Motor Skill Exercises

Racquet & Court Familiarity & Etiquette

Basic Hitting Skills: Volleys & Groundstrokes

Fun Games and Drills

Mondays or Tuesdays 4:30-5:00pm

### BASELINERS

(Ages 7-10)

Eight Weeks: \$176 One Week: \$26

Level: Beginner

Rules, Etiquette & Court Familiarity

Hitting Skills: Volley & Mini-Tennis Rallying

Bounce and Overhand Serves

Fun Drills and Games

Mondays or Tuesdays 4:00-5:00pm

### CRUSHERS

(Ages 8-17)

Eight Weeks: \$176 One Week: \$26

Level: Advanced Beginner

Serve from Baseline with some success

Volley & Rally Ability (3-8 times over net)

Stroke Instruction (ground strokes, volleys, serves)

Drills, Match Play, and Games

Mondays: (Ages 11-17) 5:00-6:00pm

Tuesdays: (Ages 8-12) 5:00-6:00pm

### DRIVERS

(Ages 11-17)

Level: Intermediate

Eight Weeks: \$228 One Week: \$34

Volley & Rally Ability (10 times over net)

Ability to Serve & Play a Set or Match

Technique (overheads, lobs & angles)

Consistency & Shot Placement

Basic Singles and Doubles Strategy

Drills, Match Play, and Games

Wednesdays (90 min) 4:00-5:30pm

## ELITE

(Ages 11-17)

Level: Advanced Intermediate

Eight Weeks: \$228 One Week: \$34

Increased Consistency/Placement & Shot Variety

Knowledge of Basic Strategies

Consistency and Shot/Spin Variety

More Advanced Strategy

Introduction of Power

Drills, Match Play, and Games

Thursdays 4:30-6:00pm

## TEAM PRACTICE

Level: Tournament level player

U.S.T.A. (Ages 10-16)

Eight Weeks: \$228 One Week: \$34

Same as Elite, as well as:

Increased Consistency on all strokes, Shot/Spin Variety & Strategy

Use of Placement, Patience, and Power

Match Play and Mental Preparation

Thursdays 4:30-6:00

## SATURDAY MATCH PLAY

12:00-1:30pm

May 3 - June 2 (8-weeks)

\$180 for session One week: \$24

Learn Strategy Through Coached Play

Saturday Level: Drivers & Elite &

Tournament Training players welcome!

## JUNIOR LADDER TRAVEL TEAM

Junior matches: \$15 per player

Compete in our junior singles weekly ladder matches

Compete on our bi-monthly travel team.

See coach Nash to sign-up